

OBC 25M 2025: Session: 5: COACH evaluation sheet for TEAM: TZT

Coachinfo: Warming up from: 07:30 untill 08:45.

Teamleadmeeting @

The listed starttimes are indicative!

Coaches: Backs Hubert

Coaches: Nuytten Stefanie HEADCOACH

Coaches: Desmet Carl

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 30: 100M BUTTERFLY WOMEN					Heat:2, starttime: 09:00
Heat: 2/5 Lane : 3 Athlete: LAMMENS LOUISE					Q-time: 01:06:39
PB (25m pool): 1:06.39 Gent 9 Nov 2024					PB (50m pool): 1:07.02 SB:
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		31.67		1:06.39	
	31.67		34.72		
					

Coach feedback:

Event number: 30: 100M BUTTERFLY WOMEN					Heat:3, starttime: 09:05
Heat: 3/5 Lane : 3 Athlete: LAMMENS MARY					Q-time: 01:04:07
PB (25m pool): 1:04.07 Diksmuide 12 Oct 2025					PB (50m pool): 1:04.29 SB:
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		29.84		1:04.07	
	29.84		34.23		
					

Coach feedback:

Event number: 30: 100M BUTTERFLY WOMEN					Heat:3, starttime: 09:05
Heat: 3/5 Lane : 5 Athlete: DE BRUYCKER CHLOë					Q-time: 01:03:07
PB (25m pool): 1:03.07 Diksmuide 12 Oct 2025					PB (50m pool): 1:04.32 SB:
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		29.75		1:03.07	
	29.75		33.32		
					

Coach feedback:

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Event number: 31: 100M BACKSTROKE MEN					Heat:6, starttime: 09:15
Heat: 6/7 Lane : 7 Athlete: THONON MATISSE					Q-time: 00:58:91
PB (25m pool): 58.91 Diksmuide 11 Oct 2025					PB (50m pool): 1:01.25 SB:
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		28.80		58.91	
	28.80		30.11		
					

Coach feedback:

Event number: 33: 200M FREESTYLE MEN							Heat:4, starttime: 09:35	
Heat: 4/5 Lane : 5 Athlete: CLAERHOUT BAS							Q-time: 01:48:95	
PB (25m pool): 1:48.95 Aachen (GER) 12 Oct 2025				PB (50m pool): 1:52.75 SB:				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		25.57		53.29		1:21.15		1:48.95
	25.57		27.72		27.86		27.80	
								

Coach feedback:

Event number: 33: 200M FREESTYLE MEN							Heat:5, starttime: 09:35	
Heat: 5/5 Lane : 5 Athlete: WAERNIERS BERE							Q-time: 01:48:44	
PB (25m pool): 1:48.44 Aachen (GER) 12 Oct 2025				PB (50m pool): 1:52.27 SB:				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		25.68		52.92		1:20.71		1:48.44
	25.68		27.24		27.79		27.73	
								

Coach feedback:

Event number: 37: 200M BREASTSTROKE MEN							Heat:4, starttime: 10:15	
Heat: 4/5 Lane : 2 Athlete: HUYGHELIER LOEK							Q-time: 02:23:41	
PB (25m pool): 2:22.39 Leuven 13 Nov 2021				PB (50m pool): 2:24.52 SB:				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		32.22		1:08.87		1:46.06		2:22.39
	32.22		36.65		37.19		36.33	
								

Coach feedback:

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Event number: 38: 100M FREESTYLE WOMEN					Heat:1, starttime: 10:20
Heat: 1/8 Lane : 3 Athlete: LAMMENS LOUISE					Q-time: 01:00:71
PB (25m pool): 1:00.71 Gent 23 Feb 2025					PB (50m pool): 1:02.56 SB:
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		29.47		1:00.71	
	29.47		31.24		
					

Coach feedback:

Event number: 38: 100M FREESTYLE WOMEN					Heat:4, starttime: 10:25
Heat: 4/8 Lane : 3 Athlete: DE BRUYCKER CHLOë					Q-time: 00:59:01
PB (25m pool): 59.01 Eeklo 21 Sep 2025					PB (50m pool): 59.66 SB:
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		28.18		59.01	
	28.18		30.83		
					

Coach feedback:

Event number: 38: 100M FREESTYLE WOMEN					Heat:4, starttime: 10:25
Heat: 4/8 Lane : 6 Athlete: DESMET LIEZE					Q-time: 00:59:11
PB (25m pool): 59.11 Gent 22 Feb 2025					PB (50m pool): 59.53 SB:
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		28.64		59.11	
	28.64		30.47		
					

Coach feedback:

Event number: 38: 100M FREESTYLE WOMEN					Heat:8, starttime: 10:30
Heat: 8/8 Lane : 8 Athlete: LAMMENS MARY					Q-time: 00:58:24
PB (25m pool): 58.24 Gent 22 Feb 2025					PB (50m pool): 59.27 SB:
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		28.14		58.24	
	28.14		30.10		
					

Coach feedback:

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Event number: 39: 100M MEDLEY MEN					Heat:9, starttime: 10:45				
Heat: 9/9 Lane : 6 Athlete: CLAERHOUT BAS					Q-time: 00:58:04				
PB (25m pool): 58.04 Aachen (GER) 11 Oct 2025					PB (50m pool): No time SB:				
	2 5 M	5 0 M	7 5 M	1 0 0 M					
PB									
									

Coach feedback: